INSTRUCTIONS: Please complete the items below by filling in the oval that best describes the experiences you had DURING THE MOST DISTRESSING EVENT(S) YOU HAVE IDENTIFIED AND IMMEDIATELY AFTER. If an item does not apply to your traumatic event experience, please fill in "Not at all true".

	<u>Not at all</u> true	Slightly true	<u>Somewhat</u> <u>true</u>	<u>Very</u> <u>true</u>	Extremely true
1. Did you feel helpless to do more?	PDIrv		0	0	0
2. Did you feel confident that everything possible was being done?	PDIrv2	20	0	0	0
3. Did you feel sadness and grief?	PDIrv3	3 0	0	0	0
4. Did you feel frustrated or angry that you could not do more?	PDIrv4	4 0	0	0	0
5. Did you feel afraid for your own safety?	PDIrv	50	0	0	0
6. Did you feel your prior experience prepared you to hand the situation?	lle PDIrvé	50	0	0	0
7. Did you feel guilt that more was not done?	PDIrv	0	0	0	0
8. Did you feel others were sympathetic?	PDIrv8	30	0	0	0
9. Did you feel others understood what you had been through?	PDIrv	0	0	0	0
10. Did you feel ashamed of your emotional reactions?	PDIrv	10 0	0	0	0

PLEASE DO NOT WRITE BELOW THIS LINE

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	Not at all Slightly Structure	Somewhat true	<u>Very</u> <u>true</u>	<u>Extremely</u> <u>true</u>
11. Did you feel you did all you could?	PDIrv11	0	0	0
12. Did you feel in control of your emotions?	PDIrv12	0	0	0
13. Did you feel upset by how other people acted?	PDIrv13	0	0	0
14. Did you feel worried about the safety of others?	PDIrv14	0	0	0
15. Did you have the feeling you were about to lose control of your emotions?	PDIrv15	0	0	0
16. Did you have difficulty controlling your bowel and bladder?	PDIrv16	0	0	0
17. Did you have the feeling that it would never end?	PDIrv17	0	0	0
18. Were you horrified by what you saw?	PDIrv18	0	0	0
19. Did you have physical reactions like sweating, shaking, and your heart pounding?	PDIrv19	0	0	0
20. Did you feel you might pass out?	PDIrv20	0	0	0
21. Did you think you might die?	PDIrv21	0	0	0

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