

CAPS DSM - V

CAPS Time Period:

Current Past

Lifetime Event

1. Life threat:

No Yes
CAPA1a

Self Other
CAPA1bs CAPA1bso

2. Threat of serious injury:

No Yes
CAPA2a

Self Other
CAPA2bs CAPA2bso

2a. Actual serious injury:

No Yes
CAPA2aa

Self Other
CAPA2ab CAPA2abso

3. Threat to physical integrity:

No Yes
CAPA3a

Self Other
CAPA3bs CAPA3bso

4. Time since event:

Years Months Days
CAPA4a CAPA4b CAPA4c

5. Diagnosis:

CAPA5le PTSD Sub-threshold PTSD

B. Intrusive Symptoms:

1. Intrusive memories:

CAPB1 1 2 3 4

2. Distressing dreams:

CAPB2 1 2 3 4

3. Acting or feeling as if event were recurring:

CAPB3 1 2 3 4

4. Psychological distress at exposure to cues:

CAPB4 1 2 3 4

5. Physiological reactivity on exposure to cues:

CAPB5 1 2 3 4

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Date

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Date

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C. Persistent Avoidance Symptoms:

1. Avoidance of memories, thoughts, feelings :

CAPC1	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. Avoidance of people, places, conversations, activities, objects, situations:

CAPC2	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

D. Negative Alterations in Cognitions and Mood:

1. Inability to recall important aspect(s) of trauma:

CAPD1	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. Persistent/exaggerated negative beliefs about self, others, or the world:

CAPD2	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. Persistent distorted blame of self or others:

CAPD3	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. Persistent negative emotional state:

CAPD4	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5. Markedly diminished interest or participation in activities:

CAPD5	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. Feelings of detachment or estrangement from others:

CAPD6	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. Persistent inability to experience positive emotions:

CAPD7	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

E. Alterations in Arousal and Reactivity:

1. Irritable or aggressive behavior:

CAPE1	1	2	3	4
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E. Alteration in Arousal and Reactivity (cont.):

2. Reckless or self-destructive behavior

CAPE2	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. Hypervigilance:

CAPE3	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. Exaggerated startle response:

CAPE4	1	2	3	4
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5. Problems with concentrations:

CAPE5	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. Sleep disturbance:

CAPE6	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

F. Duration of Symptoms:

CAPFa	CAPFb	CAPFc
<input type="text"/>	<input type="text"/>	<input type="text"/>
Years	Months	Days

G. Level of Distress or Impairment of Functioning:

1. Subjective distress:

CAPG1	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. Impairment in social functioning:

CAPG2	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. Impairment in occupational functioning:

CAPG3	1	2	3	4
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Subtype: PTSD - With Prominent Dissociative Symptoms:

S1. Depersonalization:

CAP_S1	1	2	3	4
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

S2. Derealization:

CAP_S2	1	2	3	4
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